

# FAITH FOR SUNDAY

May 26, 2024 Year B

The Solemnity of the Most Holy Trinity



## OPENING PRAYER

**+In the name of the Father and of the Son and of the Holy Spirit, Amen**

Father God, thank you for this time with you. May the Holy Spirit be upon me, that I may receive wisdom from your Word, be open to Your holy Will and give glory to You always. Through Christ our Lord, Amen

Our Father + Hail Mary + Glory Be

## LECTIO DIVINA

Invite the Holy Spirit - Read - Reflect - Respond in Prayer - Rest in Silence

### **Gospel: Matthew 28:16-20**

The eleven disciples went to Galilee, to the mountain to which Jesus had ordered them. When they all saw him, they worshiped, but they doubted. Then Jesus approached and said to them, "All power in heaven and on earth has been given to me. Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age."

While the disciples worshiped Jesus, they doubted. In instances where you may have experienced doubt, what do you do to keep your faith on Jesus? How did Jesus respond to their doubt? Jesus asks his disciples to go to all the nations. What assurance the Jesus give his disciple as they are instructed to go out?

### **Reading I: Deuteronomy 4:32-34, 39-40**

Moses said to the people: "Ask now of the days of old, before your time, ever since God created man upon the earth; ask from one end of the sky to the other: Did anything so great ever happen before? Was it ever heard of? Did a people ever hear the voice of God speaking from the midst of fire, as you did, and live? Or did any god venture to go and take a nation for himself from the midst of another nation, by testings, by signs and wonders, by war, with strong hand and outstretched arm, and by great terrors, all of which the LORD, your God, did for you in Egypt before your very eyes? This is why you must now know, and fix in your heart, that the LORD is God in the heavens above and on earth below, and that there is no other. You must keep his statutes and commandments that I enjoin on you today, that you and your children after you may prosper, and that you may have long life on the land which the LORD, your God, is giving you forever."

The Most Holy Trinity, highlights the Christian belief that God's self-revelation is part of salvation history. Moses helps the community recall their experience in salvation history. Why do you believe Moses emphasized this with the people? Is there a connection with their belief in one God and future prosperity? What must the people do to ensure this happens?

# Notes

**RESPONSORIAL PSALM RESPONSE: Blessed the people the Lord has chosen to be his own.**

**Reading II: Romans 8:14-17**

Brothers and sisters: For those who are led by the Spirit of God are sons of God. For you did not receive a spirit of slavery to fall back into fear, but you received a Spirit of adoption, through whom we cry, "Abba, Father!" The Spirit himself bears witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ, if only we suffer with him so that we may also be glorified with him.

What do we receive from the Spirit as sons of God? What is the inheritance that is being spoken of? Why would suffering be an important part of our inheritance?

**Feast days this week**

**SUNDAY 26 SOLEMNITY OF THE MOST HOLY TRINITY**

**MONDAY 27 WEEKDAY**

**TUESDAY 28 WEEKDAY**

**WEDNESDAY 29 SAINT RITA OF CASCIA**

**THURSDAY 30 WEEKDAY**

**FRIDAY 31 THE VISITATION OF THE BLESSED VIRGIN MARY**

**SATURDAY JUNE 1 ST. JUSTIN, MARTYR**

*reflect*

Is my suffering enjoined with Christ, and do I trust God's saving power?

*pray*

Father God, may I be your worthy son/daughter. Through Christ our Lord, Amen

*live*

Live a life that reflects obedience to God's commandments.