



## OPENING PRAYER

**+In the name of the Father and of the Son and of the Holy Spirit, Amen**

Father God, thank you for this time with you. May the Holy Spirit be upon me, that I may receive wisdom from your Word, be open to Your holy Will and give glory to You always. Through Christ our Lord, Amen  
Our Father + Hail Mary + Glory Be

## LECTIO DIVINA

Invite the Holy Spirit - Read - Reflect - Respond in Prayer - Rest in Silence

### **Gospel: Mark 9:2-10**

Jesus took Peter, James, and John and led them up a high mountain apart by themselves. And he was transfigured before them, and his clothes became dazzling white, such as no fuller on earth could bleach them. Then Elijah appeared to them along with Moses, and they were conversing with Jesus. Then Peter said to Jesus in reply, "Rabbi, it is good that we are here! Let us make three tents: one for you, one for Moses, and one for Elijah." He hardly knew what to say, they were so terrified. Then a cloud came, casting a shadow over them; from the cloud came a voice, "This is my beloved Son. Listen to him." Suddenly, looking around, they no longer saw anyone but Jesus alone with them. As they were coming down from the mountain, he charged them not to relate what they had seen to anyone, except when the Son of Man had risen from the dead. So they kept the matter to themselves, questioning what rising from the dead meant.

In the previous chapter, Jesus revealed to his disciples that he would suffer the way of the cross. The account of the transfiguration reveals Jesus' true nature to his most intimate disciples - Peter, James and John. Peter's effort to create tents recalled the way in which God spoke to the prophets - in the tabernacle. God corrected Peter. What does this say about Jesus? In what ways has God corrected you? His disciples understood that Jesus was not a prophet. What does Jesus asking the disciples to keep what they had seen a secret reveal to you? Reflect on a time when unwavering trust in God was needed.

### **Reading I: Genesis 22:1-2, 9a, 10-13, 15-18**

God put Abraham to the test. He called to him, "Abraham!" "Here I am!" he replied. Then God said: "Take your son Isaac, your only one, whom you love, and go to the land of Moriah. There you shall offer him up as a holocaust on a height that I will point out to you." When they came to the place of which God had told him, Abraham built an altar there and arranged the wood on it. Then he reached out and took the knife to slaughter his son. But the LORD's messenger called to him from heaven, "Abraham, Abraham!" "Here I am!" he answered. "Do not lay your hand on the boy," said the messenger. "Do not do the least thing to him. I know now how devoted you are to God, since you did not withhold from me your own beloved son." As Abraham looked about, he spied a ram caught by its horns in the thicket. So he went and took the ram and offered it up as a holocaust in place of his son. Again the LORD's messenger called to Abraham from heaven and said: "I swear by myself, declares the LORD, that because you acted as you did in not withholding from me your beloved son, I will bless you abundantly and make your descendants as countless as the stars of the sky and the sands of the seashore; your descendants shall take possession of the gates of their enemies, and in your descendants all the nations of the earth shall find blessing— all this because you obeyed my command."

God tests Abraham by putting him to the test, asking him to sacrifice his son. Have there been times in your life where you felt God asking you to do something uncomfortable? What was your response? Our relationship with God involves sacrifice. What is God calling you to sacrifice? How can we change our disposition towards God so that we are more open to His will?

# Notes

**RESPONSORIAL PSALM RESPONSE: I will walk before the Lord, in the land of the living.**

**Reading II: Roman 8:31b-34**

Brothers and sisters: If God is for us, who can be against us? He who did not spare his own Son but handed him over for us all, how will he not also give us everything else along with him? Who will bring a charge against God's chosen ones? It is God who acquits us, who will condemn? Christ Jesus it is who died—or, rather, was raised—who also is at the right hand of God, who indeed intercedes for us.

Jesus' paschal mystery - His life, death, resurrection and ascension changed our lives forever. His sacrifice released us from condemnation. What does this tell you about God's presence in our lives? We are faced with difficult circumstances in our life. How do we respond? By God's grace and faithfulness, how do we maintain hope?

**Feast Days this Week**

- 25 Sunday Second Sunday of Lent
- 26 Monday Lenten Weekday
- 27 Tuesday Lenten Weekday
- 28 Wednesday Lenten Weekday
- 29 Thursday Lenten Weekday

**March**

- 1 Friday Lenten Weekday
- 2 Saturday Lenten Weekday

## *Did you know?*

Many do not realize that Lent is actually a period of joy and preparation. Much has been focused on the negativity and somberness of the season, but we rejoice because we are given the opportunity for true repentance, and the grace to change our lives. God extends forgiveness to us and comes to us in our efforts to deepen a relationship with Him. This twofold dimension of Lent - joy and preparation - is elaborated in the Second Vatican Council's decree on the Liturgy.

(Sacrosanctum concilium, 109-10)

## *reflect*

Are there times when I find it difficult to trust God?

## *pray*

Father God, show me where I fail to listen to you.  
Through Christ our Lord,  
Amen

## *live*

Spend time in silence with God during Adoration.