



Preparing for Lent



- Write out your prayer, fasting and Almsgiving plans
- Decide your devotional or reading materials
- Plan time each day to sit in silence with the Lord
- Have purple cloth to put over sacramentals
- Talk to your children about what Lent is
- Check Ash Wednesday's mass times
- Which Stations of the Cross to do home or church
- Decide when will you go to confession during Lent
- Figure out new meatless meals
- Plan Holy Week learning activities for family
- Get an idea of what Easter will look like
- Have your spring cleaning list ready
- Have Easter 'gifts' completely bought

For more ideas go to www.acatholicmomslife.com

