

FAITH IN 5

Lent: Week 6

Ages 3-8

- 1. What is original sin?** We know that sin is when we disobey God. It is when we do things that we know are wrong, but choose to do anyway. Original sin does not refer to our individual sins, but is the sin that was caused by Adam and Eve. It is the sin that all people are born with. When we are Baptized in Christ, that original sin is washed clean and we are made new. We are made clean all because Jesus loves us so much- He paid the ultimate sacrifice by dying on the Cross for us. We will celebrate his death and resurrection on Easter! **Do you remember the story of Adam and Eve in the garden?**
- 2. We talk a lot about the Sacrament of Reconciliation during Lent. What is the Sacrament of Reconciliation?** The Sacrament of Reconciliation, also known as the Sacrament of Confession or Penance is the Sacrament where we admit our wrongdoings to God with a Priest's help. Normally, children make their First Reconciliation in second grade! **Why do you think we need to confess our sins?** God loves you so much and nothing you can do will keep Him from loving you, but sin distances us from Him and makes us unhappy. Just like with our parents or friends, we have to apologize and admit that we are wrong in order to repair that relationship!
- 3. Jesus tells us to forgive one another, just as He forgives us. What does forgiveness mean?** It means to let go of any anger or negative feelings towards someone after they have hurt us. **How do you respond when someone asks for forgiveness? Do you have any stories to share from this week where you responded to another with forgiveness?**
- 4. Jesus was a peacekeeper. He was a man of peace. What do you think peace means?** When things are peaceful, there are no wars, people get along and everyone is happy. When we are forgiven, we are given peace. Don't you feel better when you are forgiven? Jesus tells us to "love our enemies" and pray for those who hurt us. As Jesus was dying on the Cross, he prayed for the people who put him to death and asked His Father to forgive them. **Can you think of some ways that we can pray for peace?**
- 5. What is the virtue of temperance?** Temperance means to practice self control. It is the habit of controlling our thoughts, words, and actions. It means not having too much or too little of something! For example, too much food can make you feel sick!

Instead of eating three cookies, we can just eat one or instead of getting five pieces of coloring paper, we can grab two instead. Lent is a great time to practice temperance. Adults practice temperance when they fast. **What are some ways that you can practice temperance?**

Review Question: Do you remember what a feast day is? A Feast Day is a special day where the Church celebrates a Saint or an important event!

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