

Morning Prayers

Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys and sufferings of this day in union with the Holy Sacrifice of the Mass throughout the world. I offer them for all the intentions of your Sacred Heart: the salvation of souls, the reparation for sin, and the reunion of all Christians. I offer them for the intentions of our bishops and of all Apostles of Prayer, and in particular for those recommended by our Holy Father this month. Amen.

The Memorare

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly to thee, O Virgin of virgins, my Mother; to thee do I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

Consecration to the Blessed Virgin

O Mary, my Queen, my Mother, I give myself entirely to thee and to show my devotion to thee, I consecrate to thee this day, my eyes, my ears, my mouth, my heart, my whole being without reserve. Wherefore, good Mother as I am thine own, keep me, guard me as thy property and possession. Amen.

Spiritual Communion

My Jesus, I believe that You are present in the Most Blessed Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive you sacramentally, come at least spiritually into my heart. I embrace You as if you were already there, and I unite myself wholly to You. Never permit me to be separated from You. Amen.

Prayer to the Sacred Heart of Jesus

O most holy Heart of Jesus, fountain of every blessing, I adore Thee, I love Thee and with a lively sorrow for my sins, I offer Thee this poor heart of mine. Make me humble, patient, pure, and wholly obedient to Thy will. Grant, good Jesus, that I may live in Thee and for Thee. Protect me in the midst of danger; comfort me in my afflictions; give me health of body, assistance in my temporal needs, Thy blessing on all that I do, and the grace of a holy death. Within Thy Heart I place my every care. In every need let me come to Thee with humble trust saying, Heart of Jesus help me. Amen.

Invocations to the Sacred Heart

Merciful Jesus, I consecrate myself today and always to Thy Most Sacred Heart. Most Sacred Heart of Jesus, I implore that I may ever love Thee more and more. Most Sacred Heart of Jesus, I trust in Thee. Most Sacred Heart of Jesus, have mercy on us. Sacred Heart of Jesus, I believe in Thy love for me. Jesus, meek, and humble of heart, make my heart like unto Thine. Sacred Heart of Jesus, Thy Kingdom Come. Most Sacred Heart of Jesus, convert sinners, save the dying, deliver the Holy Souls from Purgatory. Amen.

Prayer to the Holy Spirit

Come Holy Spirit, fill the hearts of Your faithful and kindle in them the fire of Your love. Send forth Your Spirit and they shall be created and You shall renew the face of the earth. O God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations. Through Christ our Lord. Amen.

Guardian Angel Prayer

Angel of God, my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.
Amen

Prayer to St Michael

St. Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O Prince of the Heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls.
Amen.

*Other additional daily prayers may include going to Holy Mass, reading the Bible, praying the Rosary, Divine Mercy Chaplet or the Seven Sorrows. For information on how to pray these go to www.acatholicmomslife.com

This morning, I would like to pray for the souls of:
