

FAITH IN 5

Lent: Week 5

Ages 3-5

1. **Do you know the different mysteries of the rosary?** There are 4 mysteries of the Rosary- the joyful, sorrowful, glorious and luminous. **Which mystery do you think we pray most often during Lent?** We pray the sorrowful mysteries on Tuesdays, Fridays and Sundays during Lent!. The sorrowful mysteries are the Agony in the Garden, The Scourging at the Pillar, The Crowning of Thorns, The Carrying of the Cross and The Crucifixion. The sorrowful mysteries are similar to stations of the cross in that they remind us of what Jesus went through before His death and resurrection.
2. **Do you know what a feast day is?** Feast days are special days in the Catholic Church where we remember a particular Saint or event! Some feast days that you might recognize include St. Patrick's Feast Day, Feast of the Guardian Angels, and St Francis of Assisi's Feast Day. **Can you think of any feast days?** Some families may choose to celebrate each child's patron Saint's feast day. **What are some fun ways that we can celebrate a feast day?** Maybe with Mass, a special dinner, dessert, craft, or prayer!
3. **Do you know what a solemnity is?** Solemnities are the most important feast days! On solemnities, we often go to Mass (but depending on the day, it is not always required!) Christmas and Easter are two examples of solemnities. **How can we celebrate a solemnity?** We can celebrate solemnities just like we celebrate feast but we are encouraged to do even more on solemnities! They are meant to be great celebrations (or parties!)
4. **The Solemnity of the Annunciation of our Lord was celebrated on Friday, March 25th. Do you know why we celebrate this special day?** We celebrate this day to remember when the Angel Gabriel visited Mary and told her about God's special plan for her to be the Mother of our Lord. We are so grateful for Mary's "yes!" in response to God! **Do you know what the next solemnity is? It is Easter!** *Fun fact-* Did you know that when solemnities fall on a Friday in Lent, we can eat meat?! We are encouraged to have a feast!
5. **In the story of the Annunciation of our Lord, we hear about the Angel, Gabriel. He is one of God's archangels. Can you name one of the two other archangels?** Saint Raphael and Saint Michael. **What are some ways that we can ask for their help?** We can pray to them when we are feeling scared or need some

help to do the right thing! **Do you know the Saint Michael prayer?** It is often prayed at the end of Mass. Let's pray it together.

St. Michael the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him we humbly pray; and do thou, O Prince of the Heavenly host, by the power of God, cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls.

Amen.

This is a free resource! For more information, check out www.acatholicmomslife.com