

## FAITH IN 5

Lent: Week 2

Ages 8+

1. **What color did you notice at mass this Sunday?** You should have seen purple! Purple vestments on the Priest and purple cloth on the altar. Purple is normally the color used to represent royalty. Christ is our King! In Lent purple also reflects suffering and sorrow. Jesus was mocked before his death with a purple cloak. Family Challenge! You can live liturgically at home. Strip away some of your decorations. Use the color purple around your house to remind you of Lent.
2. **How can we read the bible differently in Lent?** Lent is a great time to read through the Psalms. These are beautiful poems written by King David. Some of them are joyful and celebratory. Some of them are serious and pleading for God's help. There truly is a psalm for every emotion and mood we feel! Psalm 32 and Psalm 51 are two Psalms of repentance. You can pray these to express sorrow for our sins during Lent.
3. **Have you heard of the saints Perpetua and Felicity?** We celebrate their feast day on March 7th. These brave women were martyrs. **What is a martyr?** That means they were persecuted and died for their faith. They died in the year 203 when Christians were persecuted in North Africa. Pray for us, St. Perpetua and Felicity!
4. **Have you and your family prayed the Stations of the Cross together?** The Stations of the Cross is a devotion for meditating on Jesus' sacrifice and death. Maybe you have seen the Stations of your Cross at your church. They are normally depicted around the church walls. Family Challenge- pray the Stations of the Cross together on Fridays during Lent. [Use this video as your guide!](#)
5. **How would you describe the virtue of hope?** The Catechism says hope is the theological virtue which makes us trust in God and his promise of eternal life to those who love and obey him. **Why is hope important?** Hope is important because it gives us a happy future to look forward to even if things are difficult here on earth. Hope is also important because we realize we need Jesus to obtain Heaven! We place our trust in Him! It is his mercy, not our good behavior or perfect prayers, that help us to obey and love God. We can pray the Act of Hope together "O my God, relying on thy almighty power and infinite mercy and promises, I hope to obtain pardon for my sins,

the help of thy grace and life everlasting through the merits of Jesus Christ, my Lord and Redeemer."

Review Question:

**What does the word Liturgy mean? Worship of God**

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