

## FAITH IN 5

Lent: Week 2

Ages 3-8

**1. During Lent, we prepare for Christ's death and resurrection. Do you know why His death was so important?** Because God loves us so much, he sent His only son, Jesus, into the world to save us from our sins. Jesus died so that we could spend eternity (forever) with Him in Heaven. Do you remember the story of Adam and Eve? The story all started with them. God created Adam and Eve in His image. God gave them everything they needed, but told them that there was only one rule- not to eat the fruit from a very specific tree (the Tree of the Knowledge of Good and Evil.) And what do you think happened? That's right, they ate it. This is where sin comes from. **Do you know what sin is?** Sin is when we do something that God does not like. It separates us from Him. Can you think of some things that may be sinful? Because of Adam and Eve's sin, the world was no longer perfect and we needed a savior to come in and fix it for us. Who do you think that savior was? That's right, Jesus! Jesus died on the cross for us in order to save us from sin so that we may one day be with Him forever in Heaven!

**2. Have you ever prayed the Stations of the Cross? What is it?** The Stations of the Cross is a devotion that is prayed together during Lent! They are usually said on Friday evenings at Church. But they can also be prayed at home with your family too! If you look around your Church next time you're there, I bet you can find the 14 stations placed along the walls! Below is a video to help you walk through the stations as a family.

<https://youtu.be/cYoRI4jYxAE>

**3. What are the 3 themes or activities that are associated with Lent?** During Lent, we are called to 1. pray, 2. fast, and 3. give alms. We talked a little bit about them last week. Have you thought about ways you can pray more? How about fast (or abstain/ "give up" something? Giving alms means to do something extra for someone else (remember the example of giving money to the poor) Have you thought of any ways you can give alms this lent?

**4. Have you ever heard of Saint Francis of Assisi? Can you share something you know about him?** Saint Francis is a great example to us especially during this time of Lent. Saint Francis was a man who lived in Italy a long time ago. He was a very wealthy man- he wore lots of fancy clothes and had many beautiful things. At one point in his life he saw Jesus

in a dream and afterwards, he decided to give all his riches away and devote his life to God. He committed himself to living a very simple life and serving the poor. He is a terrific example for the way we try to be during lent. St Francis, pray for us!

**5. Perseverance is a virtue that is especially important during Lent. Do you know what it means to persevere?** Perseverance means to be persistent- it means to keep going even when things are hard. During Lent, we often set goals for ourselves- things like praying extra Hail Marys during the day or giving up sweets. But these things are hard, and sometimes we fall short and we mess up. God knows that we aren't perfect. He doesn't want us to get discouraged- He wants us to try again! When we get up after we fail and try again, we are living the virtue of perseverance. **Can you think of a time when you failed at something, but picked yourself up and tried again?**

Review Question:

**What color do our priests wear during Lent?** Purple!

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