



Faith in Five- Children
Ordinary Time Week 14

- 1. Read Matthew 11: 25-30 as a family. What is Jesus doing?** Jesus is talking to his Father God in Heaven! Isn't it remarkable to see Jesus praying by giving praise to his Father! **What has God "hidden from the wise and revealed to the little ones"?** The unity and relationship between the Father and the Son. In knowing the Son, we can know our Father God more and more. **What is Jesus' heart like?** "I am meek and humble of heart." Humility is to know God's greatness and your own littleness. Meekness means gentle and docile. *Jesus, make our hearts like yours. In humility and meekness we can submit ourselves with great trust to the Father just like you did.*
- 2. Who is St. Benedict?** St. Benedict was born in Italy around the year 480 to a noble family. As a child he was very well educated and very wealthy. He became increasingly concerned when he witnessed his companions using their wealth and knowledge for vice and evil instead of truth and goodness. He fled from Rome and began to live as a Hermit. **What is a hermit?** A hermit was a religious person who lived in solitude, living a life of poverty and prayer. His holy way of life attracted monks to come and learn from him, often begging him to come and lead their monasteries. Despite his initial resistance, he eventually founded a monastery in Monte Cassino that combined all of his followers. **What is The Rule of St. Benedict?** The Rule of St. Benedict is St. Benedict's instructions and beliefs for monastic life. It was (and still is) an invaluable resource for religious communities who want to live a rhythm of prayer, work, silence, study, etc. We celebrate St. Benedict on July 11. *St. Benedict, pray for us!*
- 3. What is Gregorian Chant?** Gregorian chant is the core of Catholic music, it is sacred music. It is monophonic which means there is only one line of music/melody and the singers sing in unison. There are no meters or musical accompaniments so it looks different from a sheet of piano music or violin music you are used to seeing. The notes just go up and down without any other structure. It can be very simple or very complex! The prayers and text used in Catholic liturgy all used to be chanted. Today you may only hear the Kyrie Eleison or the Agnus Dei chanted at your parish. **Where did it come from?** Gregorian chant originated in Europe in the 9th and 10th centuries. **Why is it called Gregorian?** It is named for Pope Gregory I. He was Pope from 590 to 604 and he helped to reorder the liturgy using chant. *Family Challenge! Listen to some Gregorian Chant together. Start with Tantum Ergo and O Salutaris Hostia. You can even listen to Gregorian Chant playlists on Spotify.*

4. **Apologetics: Why do we need a Church to teach us what to believe? Why can't we just read the bible and decide for ourselves?!** In Matthew 28: 19-20 it says "Go..teaching all them to observe all that I have commanded of you. Jesus told the apostles to teach! He didn't tell the apostles just to hand out bibles and let people figure how to live a life of faith on their own without help. In fact, when people try to interpret the bible by themselves, lots of different divisions occur! That is why we need the Authority of the Church to guide us and to hand down the traditions of the apostles.

5. **Catechism: How many types of grace are there?** There are two types of grace. Sanctifying grace and Actual grace.

REVIEW QUESTION: What does the Catholic Church celebrate during the month of July? The month of July is devoted to honoring the Precious Blood of Jesus.

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