

FAITH IN 5
Easter: Week 5
Ages 3-8

1. **Do you know the "Our Father" prayer? Let's pray it now!** (Parents, please lead your children) **Do you know why this prayer is so important?** It is so important because in the Bible Jesus tells us to pray it! His disciples (or friends) said to him, "Lord, Teach us to pray" and Jesus recited this special prayer to them! We pray it in the exact same way Jesus taught us all those years ago! How awesome is that!?
2. **Did you know that the Bible is divided into two different parts? They are called the Old and the New Testament. Do you know the differences between the two?** The Old Testament starts with the creation story and teaches us all about God and His people. We learn in the Old Testament that we need a God and Savior and He (Jesus) is revealed to us in the New Testament. The New Testament teaches us all about Jesus Christ- from his birth to his death and resurrection. **How many readings do we hear every Sunday at Mass?** Every week when we go to Mass, we hear two Old Testament readings (to include Psalms) and two New Testament readings. During the Gospel reading (the last reading) we always hear stories about Jesus!
3. Read John Chapter 13:31-33. In it, Jesus tells His friends that he will only be with them a little while longer before he goes back to Heaven to be with His Father. He then gives them a new commandment: "love one another." Jesus says that in order to be a follower of His, a Christian, we must love each other just as He loves us. **What are some ways that we can show love to one another? It can be easy to show love to our friends and family, but how can we show love to strangers we don't know?** (feed the homeless, give to the poor- acts of charity and generosity!)
4. Many of our friends are receiving the Sacrament of First Holy Communion this Spring. **What is the Sacrament of Holy Communion?** It is when we receive The Blessed Sacrament, or Eucharist, for the very first time. **Who is present in the Eucharist?** Jesus! When we receive Holy Communion, we are receiving the Body of Christ! **What Sacraments do we need to have already had before receiving the Sacrament of First Holy Communion?** You need to be Baptized and have already received your First Reconciliation.

5. **Do you know why we go to church on Sunday?** We go to Mass every Sunday because it is the Sabbath, or the "Day of the Lord." On this day, we celebrate Jesus's resurrection! It is also one of the five precepts of being Catholic. Being Catholic means that there are some things that the Church requires from us in order to help us become the best spiritual versions of ourselves. One of the ways we can grow close to God is by going to church where Jesus is present in the tabernacle up in the front of the church. And going to church is even more important when we have received our First Holy Communion because we will get to receive the Holy Eucharist, Jesus, within us every Sunday! This is the most important part of our week and the Church wants to make sure we are fed for the week ahead!

Review Question: What is a miracle? A miracle is when something incredible happens that only God can do!

This is a free resource! For more information, visit www.acatholicmomslife.com