

Faith in Five- Children Easter Week 4

- 1. Did you know this Sunday has a special name? This Sunday is Good Shepherd Sunday. Read John 10:1-10 together as a family. Who is the gate for the sheep? Jesus is the gate for the sheep. We know that Jesus IS Love. The Pharisees had no love, so even though they knew and practiced the law, they couldn't be the gate. Why do the sheep follow the Shepherd? The sheep, you and me, follow the sheep because we recognize His voice! What does the Shepherd do? Our Good Shepherd, Jesus provides pasture! He nourishes us with the Holy Eucharist, grants us a place of rest and peace. With our Shepherd's nourishment, we "have life and have it more abundantly." How can we, as the sheep, make sure we recognize our Shepherd's voice? Reading the daily readings, frequenting the sacraments of confession and Holy Communion, as well as spending time in quiet prayer will all tune our ears to His voice. This will guard us from the thieves and the robbers, the voices of this world.
- 2. Who do we celebrate on May 1st? May 1st is the feast of St. Joseph the Worker! Do you know what kind of work St. Joseph did? St. Joseph was a carpenter. He worked with wood, laboring with his own hands. His job was not lofty or famous yet God chose humble St. Joseph to be the foster father of Jesus. In doing this God dignified, or showed great respect, to all work, especially the common laborer. Why is work good for us? Work helps us exercise, it builds perseverance and character, teaches us to problem solve and guards us against sloth. St. John Paul II says "Work was the daily expression of love in the life of the family of Nazareth." Ask St. Joseph to help you in your chores around the house. Remember Jesus would have been St. Joseph's helper in his workshop. St. Joseph is no longer a carpenter, but he still works tirelessly as the Protector of the Universal Church. St. Joseph the Worker, pray for us.
- 3. What is First Holy Communion? First Holy Communion is the very first time a child or adult receives Jesus in the Holy Eucharist, one of the seven sacraments. Many parishes hold their First Holy Communion mass in May. How do you prepare for First Holy Communion? Typically, a parish requires a two year CCD program for children preparing to receive. Also, all the First Communicants will make their First Confession before their First Holy Communion. What can we do at home to prepare? This is a wonderful novena for children!
- 4. **Apologetics- How can we truly believe the host is Jesus?** Jesus called himself the Bread of Life. "I am the living bread which came down from heaven; if any one eats of

this bread, he will live forever; and the bread which I shall give for the life of the world is my flesh." (John 6: 51) Just like earthly bread nourishes our bodies, Jesus, in the sacramental form of the Eucharist, nourishes our soul. **How do we know Jesus intended us to eat His body?** Jesus instructed us to eat His body in very plain words. At the Last Supper Jesus said "Take and eat; this is my body." Also, in John 6:53-55, He says "Truly, truly I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you; he who eats my flesh and drinks my blood has eternal life, and I will raise him up at the last day. For my flesh is food indeed, and my blood is drink indeed." Please pray for all First Communicants this month of May!

5. What is Divine Tradition? Divine Tradition are the revealed truths taught by Christ and His Apostles that were given to the Church by word of mouth, instead of written down. Do we believe in Divine Tradition as firmly as we believe in the Bible? Yes, the Divine Tradition must be believed in as firmly as the Bible because it also contains the word of God. What types of things are Divine Tradition? Some of our Sacred Traditions are: Peter as the head of the Church, Mary born without Original Sin and even terms like Holy Trinity. While none of these truths are spelled out explicitly in the Bible, all traditions are backed by sacred scripture.

REVIEW QUESTION: What is the Paschal Candle? Pasch comes from the word Passover. It means "having to do with Easter." This Easter candle is lit at the Easter Vigil mass. What does it symbolize? The Paschal Candle is a symbol for Jesus Christ. He is the light of the world! The candle is made from pure beeswax, as Jesus was sinless. The wick reminds us of His humanity while the flame represents His divinity.

This is a free resource! For more information, check out <u>www.acatholicmomslife.com</u>